



Registration Opens
March 21 at Noon!



Spring 2017
Enrichment Catalog

LOYAL HEIGHTS AFTER SCHOOL ENRICHMENT CLASSES

Brought to you by:
**LOYAL HEIGHTS
COMMUNITY CENTER**
2101 NW 77th St.
Seattle, WA 98117
Ph: 206-684-4052



Seattle
Parks & Recreation

healthy people healthy environment strong communities

This program is made possible through
Seattle Parks and Recreation and the
Associated Recreation Council.

Program Information

Spring Class Session: April 17-June 16

Program Contact Information

**Loyal Heights Community Center
2101 NW 77th St., Seattle, WA 98117
Phone: 206-684-4052**

- **Program Administrator: Monica Haugen
Email: monica.haugen@seattle.gov**

Program Schedule

Loyal Heights Elementary K-5 Release: 2:55 p.m.

Check In: 3:25-3:45 p.m. (Bus pickup)

- Students report to the bus court upon dismissal to be driven to Loyal Heights Community Center

Session 1: 3:45-4:45 (or 5 p.m.)

- ALL PARENTS of students not enrolled in second session must come to the lobby and SIGN OUT their student at **5 p.m.**

Session 2: 5-6 p.m.

- All parents must SIGN OUT their student by **6:05 p.m.**

***There are no after school classes on holidays, no school days, or early dismissal days at the Elementary School. These “No Class” days are figured into the price of each class.**

How to Register

All students must turn in, or have on file, a completed E-13 Participant Information and Authorization form to register for class. Once completed, E-13 forms are good for one school year.

Classes are formally being run through [Loyal Heights Community Center](#) where you can turn in all of your paperwork and receive more information about classes, registration, and scholarships.

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes offered through Seattle Parks and Recreation. This non-refundable fee covers a child's participation in all gymnastics, tumbling, or circus arts classes for one year from the date of purchase. Please contact your local community center to purchase this insurance. **Note:** This insurance will only be utilized if expenses exceed your primary insurance coverage.

FIRST CHOICE

Stop by your local community center to register for programs and meet the staff. Staff welcomes face-to-face interaction! Please note hours of operation as they vary across community centers.

SECOND CHOICE

Online registration using the SPARC system by going to seattle.gov/parks and clicking on SPARC. Please note that you will need to set up an account prior to having access to the online SPARC system. This may take up to a week to process. We do our best to set up accounts for registration within 48 hours.

THIRD CHOICE

Call your local community center during our hours of operation at the phone number listed above, or at: seattle.gov/parks/centers.asp. All staff can assist you with registration during operating hours.

What You Need to Know

Registration and Payments:

Registration opens March 21 at noon. If you have never participated in a Seattle Parks and Recreation sponsored program, please sign up at the community center where they can create an account for your family. Once an account is established, you may call **Loyal Heights CC**, stop by, or pay on-line through SPARC. If you register on-line please email the community center coordinator who your child's classroom teacher is and where your child will be going after class. Registration is open for all classes until the day prior to the start of class. **Remember: All students need a Participant Information and Authorization E-13 form prior to participating in any after school classes.**

Scholarship:

To apply for a scholarship, complete and return a scholarship application to the community center. Applications can be found in the **Loyal Heights Elementary** main office, **Loyal Heights CC**, or can be downloaded at bit.ly/sprscholarships. Scholarship award and co-payment will be determined based on income qualification.

Refund Policy:

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class that is cancelled for any reason will receive a full refund.
- **DROPPING A PROGRAM BEFORE SECOND CLASS:** A participant may be issued a refund if he/she withdraws from a program, and notifies the program coordinator, prior to the second class session. The facility will retain the pro-rated class fee plus a service charge of \$5.00 or 10% of the fee, whichever is greater.
- For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: <http://www.seattle.gov/Documents/Departments/ParksAndRecreation/PoliciesPlanning/RefundPolicy.pdf>

OH NO! My class got cancelled!

Most classes require a minimum of 6 participants in order to be financially sustainable. We do our best to avoid cancelling classes. However, classes that do not meet minimum enrollment requirement are cancelled prior to their start date. We do prorate class fees to reflect late registration for classes that meet minimum enrollment requirement prior to their start dates.

PLEASE REGISTER EARLY!

Snack and Clothing:

The After School Enrichment Program will provide a snack for each student. Please send your children with clothing appropriate for their classes.

Behavior:

We have the expectation of respect for teachers/instructors and good behavior during classes. Students are expected to maintain the same behavioral standards that they would during the formal school day. If an instructor determines this is not the case the following steps will be taken:

- At the first incident, the Program Administrator will contact parents/guardians regarding student behavior.
- The student will be given one trial class to improve.
- If the disruptive behavior continues, the student will be removed from class.

The program is unable to issue a refund if the student is removed from a class due to a behavioral issue. Please discuss enrollment with your child to be sure they want to attend an after school class.

Picking up Your Child:

Your child must be picked up on time. Our program does not provide childcare after class is over at **4:45 p.m. or 6 p.m. (for Coding class ends at 5:15 p.m. on Tuesday)**, and the playground is not supervised at that time. If your child is picked up late, you will be charged \$1/minute for every minute past **5 p.m. or 6:05 p.m.** that you are late. Please call the **Program Administrator** if you are going to be late. Your student can only be picked up by persons listed on the E-13 form. Students will be directly picked up from their classrooms and must be signed out.

Absences/Changes:

Please contact the **Program Administrator** as soon as possible with any of the following:

1. Your student will not be attending class (but was at school).
2. Your student was absent from school and will not be attending the After School Program.

Questions/Concerns:

Once a class has begun, if you have any issues or concerns regarding a class, please contact the **Program Administrator**, or email the **Community Center Coordinator**. The **Program Administrator** will be on-site and available during program hours all quarter.

Spring Class Session: April 17-June 16

MONDAYS 4/17-6/12 8 weeks (No class 5/29)	Time	Grades	Price	Barcode
Session 1				
All Sports	3:45-4:45 p.m.	K-5	\$80	164914
Hand Sewing & Crafts	3:45-5:15 p.m.	K-2	\$240	164893
Session 2				
Grossology	5-6 p.m.	K-5	\$162	164891
TUESDAYS 4/18-6/13 9 weeks	Time	Grades	Price	Barcode
Session 1				
Hip Hop	3:45-4:45 p.m.	K-5	\$132	164895
Creative Coding 4 Kids	3:45-5:15 p.m.	1-5	\$441	164920
Session 2				
Cooking	5-6 p.m.	K-5	\$225	164887
WEDNESDAYS 4/19-6/14 8 weeks (No class 5/10)	Time	Grades	Price	Barcode
Session 1				
M3: Monsters, Masks & Make Up!	3:45-4:45 p.m.	K-5	\$160	164902
Math Club	3:45-4:45 p.m.	K-2	\$144	164907
Public Speaking	3:45-4:45 p.m.	3-5	\$135	164908
Session 2				
Art	5-6 p.m.	K-5	\$120	164885
THURSDAYS 4/20-6/15 9 weeks	Time	Grades	Price	Barcode
Session 1				
Spanish	3:45-4:45 p.m.	K-2	\$135	164912
Jewelry Making	3:45-4:45 p.m.	2-5	\$135	164898
Session 2				
Spanish	5-6 p.m.	3-5	\$135	164910
Lil Hot Shots Basketball Note: There will be class on 4/6, 4/13, 6/15 and 6/22 for this class only	5-6 p.m.	K-2	\$120	
FRIDAYS 4/21-6/16 9 weeks	Time	Grades	Price	Barcode
Session 1				
Field Sports	3:45-4:45 p.m.	K-3	\$90	164889
Machine Sewing	3:45-5:15 p.m.	1-5	\$270	164904

Scholarships Available for All Classes!
Visit Loyal Heights Community Center to pick up an application and apply.

Course pricing is based on contractual agreements, number of class days, and supply costs.

Spring 2017 Class Descriptions A-Z

All Sports

This class is geared towards kids who may be interested in more than one sport. It is a great opportunity to try out new sports and improve skills in familiar ones. We offer different, fun, and exciting activities each week. Instructor: Joshua Russell

Art

Explore hands-on opportunities in visual and tactile arts with diverse media, such as paper arts, and more. This series of lessons helps students to develop and improve skills in fine art. Students explore projects in drawing, painting, printmaking, and mixed media. The goal for this series of classes is for students to have fun with art while learning the basic elements and principles of design through a variety of age-appropriate media. Instructor: Adam Rosand

Cooking

Create appetizers, bake desserts, mix beverages and more. We'll focus on kitchen safety procedures, learn nutrition fundamentals and give kids a chance to set the menu. Have fun with us and create in the kitchen! Participants will be able to eat and take home their creations. Instructor: Raquel Pereira

Creative Coding 4 Kids

Creative Coding teaches your child to code by helping them make their own custom video games! Our project based, multilevel classes are amazingly fun yet very effective in teaching creative problem solving AND emotional resilience. Our classes are also designed to be repeated an infinite number of times. As students complete a class, they go up one level, like in video games, and increase their coding skills, speed, and proficiency. Students new to coding will participate in the Creative Coding core curriculum, learning the fundamental elements of coding using MIT's Scratch to create their very own computer games! Students with previous Scratch experience will enjoy the Advanced Curriculum, where each day contains a unique mix of coding challenges, techniques, and hacks. For more info, visit creativecoding4kids.com. Instructor: Creative Coding Instructors

No student is turned away due to the inability to pay, please check out our scholarship options at the community center and with Creative Coding.

Field Sports

Lots of fun in the sun for everyone! Let's play together in various sports, races and games. In this relaxed, non-competitive class we will focus on hand eye coordination, teamwork and enjoying the great outdoors! Instructor: Joshua Russell

Grossology

If you think that human anatomy is gross and cool, then Grossology is perfect for you. In this class you will learn the structure and functions of the human body while discovering the gross facts. The course material is designed to expose students to college level concepts while being accessible by integrating multiple learning styles. To link the cognitive process to memory, the instructor creates original and unique edible experiments. Instructor: Shakira Adams

Hip Hop

Learn the creative and energetic dance steps of Hip Hop for fun and fitness. Hip Hop classes are designed for students to learn all facets, foundations, and basic fundamentals of hip hop. Students will leave class refreshed and with confidence, ready to strut their stuff. We ask that parents remain outside the classroom and return 10 minutes before the end of class to have a sneak peek at what we are working on. Instructor: Anna Nagy

Spring 2017 Class Descriptions A-Z

Hand Sewing

Learn the basics of hand sewing, knitting, crafting, and weaving in this new class, created to introduce younger students to hand sewing and different types of fiber arts! Boys and girls will learn the basics and create puppets, pillows, mittens, woven rag rugs, dreamcatchers, button embroidery, and hats! This class will build fine motor skills, finger dexterity, and most important, it will give their creative muscles a work out! All supplies included. Instructor: Chelsea Cook, Little Hand Creations

Hip Hop

Learn the creative and energetic dance steps of Hip Hop for fun and fitness. Hip Hop classes are designed for students to learn all facets, foundations, and basic fundamentals of hip hop. Students will leave class refreshed and with confidence, ready to strut their stuff. Instructor: Anna Nagy

Jewelry Making

Kids will learn about different materials, styles, and designs as they learn to make their own jewelry. If you can dream it - you can make it! Instructor: Amber Daub

M3: Monsters, Masks and Make Up!

In this class, students will learn fundamentals of story-telling and character build-up for monsters in theatre, film / video, and explore other media where audiences may (or may not) expect a story to be told. We will be working with effects-makeup, masks and costumes. Exercises will include vocal warm-ups, improv, collaboration and concentration games. Instructor: Adam Rosand

Machine Sewing

Students are invited to learn a skill they will use for a lifetime and a hobby they will forever enjoy... sewing! No experience necessary! Boys and girls will learn the basics and beyond. Beginning students will learn machine safety and beginner sewing techniques, while more experienced students can expand on skills they already have. Students will advance at their own pace to more exciting and challenging projects throughout the session. Projects, which are constantly rotating during the quarter, include backpacks, phone cases, clothing, accessories, bags, games, stuffed animals, and more! All sewing classes are supervised by Chelsea Cook, owner of Little Hands Creations.

Math Club

Do you enjoy patterns, shapes, numbers, games, stories, and hands-on activities? Join us as we explore a variety of mathematical ideas with materials such as pattern blocks, geoboards, Cuisenaire rods, color tiles, counters, cards, and dice. We'll play games, talk about numbers, and have fun together! Instructor: Marcia Miller

Public Speaking

Instructor, Jackie Bailey will facilitate this weekly workshop to help youth (1) write, organize and give speeches; (2) control voice, vocabulary and gestures; (3) give constructive and effective feedback and (4) learn leadership skills. Instructor: Jackie Bailey

Help Wanted!

Are you interested in assisting with an Enrichment class or teaching one of your own? We'd love your help!

Contact Monica for more information

email: monica.haugen@seattle.gov phone: (206) 684-4052



Loyal Heights K-5 After School Enrichment Cover Sheet

Spring Session: April 17 to June 16



Seattle
Parks & Recreation

Loyal Heights Community Center: 2101 NW 77th St., Seattle WA, 98117
Phone: 206-684-4052

Student Names: _____ Parent/Guardian: _____

Grade and Teacher: _____ Age/DOB: _____

Phone Number/s: _____ Email: _____

To sign up online at the Seattle Parks and Recreation website (SPARC), go to <https://class.seattle.gov/parks>

**This form must be turned in to the community center,
turning it in to the school does not register your child for any class(s).**

Class Name	Barcode #	Day	Fee
Total Due:			

After class, my child will :

_____ Get picked up by parent/guardian/approved pick up

_____ Other _____

**All students must also turn in a completed E-13 Participant Information and
Authorization form to be registered.**



2017 PARTICIPANT INFORMATION AND AUTHORIZATION FORM

Facility/Program: _____

This information is considered confidential and is used only to help staff meet the needs of your child. **Please fill out all sections completely (mark N/A if a section does not apply) and sign and initial where indicated.** Additional information may be required, including but not limited to immunization records, medical treatment, medication administration instructions and authorization, and special field trip permission. If you have updated information on this form, please contact staff immediately to update.

PARTICIPANT AND PARENT INFORMATION

Child's Name (First & Last)		Age	Birth Date	Male	Female
Address		City	ZIP	School	Grade
Parent/Guardian Name (First & Last)			Signature		
Day Phone	Cell Phone/Pager	Evening Phone	E-mail		
Address (if different than above)		City	ZIP		
Relationship to Child <input type="checkbox"/> Parent <input type="checkbox"/> Guardian <input type="checkbox"/> Foster Parent		Language(s) Spoken at Home			

GENERAL AUTHORIZATIONS AND INFORMATION

My child has attended a Seattle Parks School Age Care Program. ☐ No ☐ Yes – Location: _____
My child has permission to participate in field trips including, but not limited to, visits to a local library or park, neighborhood walk, or other field trip as posted, by means of walking, public bus, Dept van, yellow bus. ☐ YES ☐ NO Initial Here _____
My child has permission to participate in swimming and other water activities at Seattle Parks and Recreation facilities, including swimming pools, lifeguarded beaches, boating facilities, and wading pools. ☐ YES ☐ NO Initial Here _____
Swimming Ability: ☐ Non Swimmer ☐ Beginner ☐ Intermediate ☐ Advanced
My child may apply sunscreen _____ times during the day. **I will provide sunscreen.** ☐ YES ☐ NO Initial Here _____
My child may be photographed (stills and video) for the City of Seattle, its Department of Parks and Recreation, the Associated Recreation Council, Advisory Council, or Community Center publications. ☐ YES ☐ NO Initial Here _____

My child has the following behavioral issues which staff should be aware: _____ _____	I handle these behaviors in the following way: _____ _____
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EMERGENCY CONTACTS (Also authorized for participant pick-up)

The Parent/Guardian named above will be contacted first in case of emergency (after 911). Please list additional parents, guardians, and others you would like us to contact if we cannot reach you.

1) Contact Name (First & Last)			Relationship
Day Phone	Cell Phone/Pager	Evening Phone	E-mail
Address		City	ZIP
2) Contact Name (First & Last)			Relationship
Day Phone	Cell Phone/Pager	Evening Phone	E-mail
Address		City	ZIP

PICK-UP AUTHORIZATION AND INFORMATION (MINIMUM AGE 14)

Please list all individuals who are authorized to pick up your child. Individuals listed must be at least 14 years old. If an individual is not listed, your child will not be released. We will not accept voice authorization for pick-up.

1) Name	Relationship	Day Phone	Evening Phone
Address			
2) Name	Relationship	Day Phone	Evening Phone
Address			
3) Name	Relationship	Day Phone	Evening Phone
Address			

Child Sign In and Sign Out Procedures

The parent or other person listed above authorized by the parent to take the child to and from the center/program site shall sign in the child on arrival and sign out the child at departure using a full, legal signature. When the child leaves the center/program site to attend school or other off-site activities as authorized by the parent, the staff person shall sign out the child and sign in the child upon return to the center/program. (WAC 170-297-2125)

MEDICAL HISTORY AND AUTHORIZATION INFORMATION

My child experiences the following: Please **CHECK 'None'** or all that apply. **Additional forms are required prior to your child attending if medical conditions are checked.** Providing this additional information will help us to ensure your child has a positive experience. Efforts will be made to provide reasonable accommodation in accordance with the Americans with Disabilities Act.

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> NONE | <input type="checkbox"/> ADD | <input type="checkbox"/> ADHD | <input type="checkbox"/> Allergies |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Asperger's Syndrome | <input type="checkbox"/> Autism | <input type="checkbox"/> Behavior Disorder |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> History of Seizures | <input type="checkbox"/> Hearing Impairment | <input type="checkbox"/> Learning Disability |
| <input type="checkbox"/> Mental Disability | <input type="checkbox"/> Physical Disability | <input type="checkbox"/> Dev. Disability | <input type="checkbox"/> Visual Impairment |
| <input type="checkbox"/> Other: _____ | | | |

Currently taking Medication at:

- ☐ Program
☐ School
☐ Home

Unless you have religious objections, we cannot allow your child to participate without the following authorizations. If you have religious objections, please submit a written statement of those objections. A MEDICAL TREATMENT AUTHORIZATION Form signed by a physician is required for any medication taken or administered while in a Seattle Parks and Recreation, Associated Recreation Council or Advisory Council program. Forms are available at each facility.

Child's Name (First & Last)	Age	Birth Date	Grade
Medical Provider (First & Last)	Dental Provider (First & Last)		
Address, City, Zip Code	Address, City, Zip Code		
Phone	Phone		
Date of Last Physical Exam: Month _____ Year _____	Date of Last Dental Exam: Month _____ Year _____		
If you do not have a medical provider, in case of injury or incident, what is your plan:	If you do not have a dental provider, in case of injury or incident, what is your plan:		
Preferred Hospital for Treatment:			

I authorize the administration of all medical, dental, and surgical examinations, operations, treatment, and all related care, including emergency or ambulance transportation and the administration of drugs, tests, anesthesia and blood transfusions to the above-named minor when a physician or dentist at the treating medical facility deems those procedures necessary for emergency treatment. I consent to the release of medical report(s) to any doctor or agency and consent to the admission of the above-named minor person to the hospital. I understand that the City of Seattle, its Department of Parks and Recreation, Associated Recreation Council, Advisory Councils, the Community Center, and their officers, employees, and volunteers assume no financial obligation or liability in case of my child's accident or illness. **I assume full financial responsibility for emergency treatment for my child.** Initial Here _____

LEGAL DOCUMENTATION INFORMATION

Please complete the information below, that pertains to your child, regarding documentation relating to a parenting plan or a current restraining order which has been issued by a legal authority and is in affect in the State of Washington:

PARENTING PLAN	RESTRAINING ORDER
<input type="checkbox"/> YES <input type="checkbox"/> NO Expiration Date: _____ If yes, provide copy for child's program file	<input type="checkbox"/> YES <input type="checkbox"/> NO Expiration Date: _____ If yes, provide copy for child's program file

PARENTAL CONSENT, RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

EVENT(S): All programs and activities offered by or through Seattle Parks and Recreation and Associated Recreation Council including but not limited to recreation activities and classes, school age care, preschool, teen programs, special events, field trips, sports/athletics.

IN CONSIDERATION of my minor child ("the Minor") being permitted to participate in any way in the EVENT(S), I agree: I know the nature of the EVENT(S) and the Minor's experience and capabilities, and believe the Minor to be qualified to participate in the Event(s). The Minor and I will inspect the premises, facilities, and equipment to be used or with which the Minor may come in contact to ensure it is safe to our satisfaction. I have spoken with the Minor about the dangers of the activities and the fact that the Minor could—for a variety of known, unknown, foreseeable and unforeseeable reasons, **including negligence** of the City of Seattle, its employees and volunteers, officers and agents—be seriously injured. In extreme cases, such injuries could include permanent disability, paralysis or even death ("risks"). Even understanding these risks I consent to the Minor's participation in the Event(s) and assert that the Minor is willing to participate in the event.

I accept and assume all risks, and assume all responsibility for the losses, costs and/or damages following an injury related to the Event(s), including disability, paralysis or death, even if caused in whole or in part by the negligence of the following releasees: the City of Seattle, its employees and volunteers, officers and agents. **My acceptance of these risks includes releasing and agreeing not to sue the releasees. I also agree to indemnify and save and hold harmless the releasees and each of them from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur due to a claim made against any of the releasees identified above based on an injury to the Minor, whether the claim is based on the negligence of the releasees or otherwise and whether the claim is made by me, is made on behalf of the minor, or is otherwise made.**

Signature of Parent or Guardian

Printed Name of Parent or Guardian

Date